

QUADRUS EXPRESS

Q Soup Cup \$3.00 Bowl \$5.00

VEGETABLE CHILI Cup \$3.00 Bowl \$5.00

Q GREEN SALAD Small \$5.00
Mixed Greens & Veggies Large \$7.50

TOSTADA SALAD \$12.65
Romaine, Grilled Chicken, Rice, Pinto Beans, Avocado, Black Olives, Tomato, Quesa Fresca & Flour Tortilla Strips with Spicy Ranch Dressing

CHINESE CHICKEN SALAD \$11.95
With Carrots & Rice Noodles

CAFÉ CAESAR SALAD \$9.25

CHICKEN SALAD \$11.50
Field Greens, Crispy Pecans, Apples, Currants & Blue Cheese with Mustard Vinaigrette

QUINOA & BEAN SALAD \$11.75
Spinach, Arugula, Cucumbers, Tomatoes, Green Beans, Cannellini Beans & Cilantro tossed in Lemon-Thyme Vinaigrette, then topped with Quinoa & Black Bean Salad

SOUTHWESTERN CHICKEN SALAD \$12.25
Roasted Chicken, Mixed Greens, Corn, Black Beans, Avocado, Jicama, Quesa Fresca, Salsa, & Flour Tortilla Strips with Cilantro-Lime Vinaigrette

BROWN DERBY COBB SALAD \$12.50
Butterleaf, Avocado, Blue Cheese, Tomatoes, Bacon, Eggs & Turkey with Cobb Vinaigrette

CHOPPED VEGGIE SALAD \$10.95
Baby Spinach, Snow Peas, Asparagus, Carrots, Garbanzos, Broccoli, Tomatoes, Avocado & Edamame with Blue Cheese Dressing

PASTAS & ENTREES

PESTO LINGUINI \$11.75
Whole Wheat Linguini tossed in Pesto with Prawns, Tomatoes, Peas & Arugula

CHIPOTLE CHICKEN PENNE \$11.75
With Tomatoes & Mushrooms

Or Grilled Prawns \$13.75

ANGEL HAIR \$9.95
Tomatoes, Basil, Garlic & Virgin Olive Oil

Add Italian Sausage Or Chicken \$13.00

CHICKEN STIR-FRY \$11.25
With Carrots, Snow Peas, Onions & Peppers, served over Basmati Rice

Substitute Prawns or Tofu \$12.75

FLANK or CHICKEN CHIMICHURRI \$12.95
Served over Rice with Tomatoes & Spinach

FRESH FISH OF THE DAY \$15.50
Salmon with Veggies & Rice (or Q Salad)

Special Catch \$16.95

TEQUILA LIME PRAWNS \$13.50
Served over Basmati Rice & with a Side Green Salad

Substitute Chicken \$12.50

JOOJEH (Persian Chicken) KABOBS \$13.95
With Grilled Vegetables, Side Salad & Hummus

CHICKEN ENCHILADAS \$13.50
Served with Rice & Refried Beans

PRAWN SOFT TACOS \$8.95
Served with a Napa Cabbage Salad

ADD THE FOLLOWING (to salads or entrees):

Grilled Breast of Chicken \$4.00
Seafood \$5.00
Grilled Prawns \$4.00
Tofu \$4.00

GLUTEN FREE NOODLES available upon request. We offer many gluten-free options, but we do not have a gluten-free kitchen & cross-contamination is possible.

QUADRUS EXPRESS

GLUTEN-FREE PIZZAS

JUAN'S	\$12.00
Avocados, Ham, Tomatoes, Jack Cheese, Hot Sauce, Pepperoni, Mushrooms/Onions	
MARGHERITA	\$11.50
Basil, Tomato & Mozzarella Cheese	
VEGGIE	\$12.00
Mushrooms, Caramelized Onions, Artichoke Hearts & Feta Cheese	

SANDWICHES

SIRLOIN BURGER ON CIABATTA *	\$10.00
Add Swiss, Pepper Jack, Cheddar	\$.75
Add Caramelized Onions	\$.50
Add Sauteed Mushrooms	\$1.00
VEGGIE BURGER WITH AVOCADO*	\$9.50
Add Swiss, Pepper Jack, Cheddar	\$10.25
SPICY THAI SANDWICH *	\$9.65
Skirt Steak, Carrots, Mint, Basil & Jalapeno	

SUB SWEET POTATO FRIES (\$1.00)

GRILLED CHICKEN	\$7.75
Add Melted Cheddar & Jalapenos	\$8.50
CHICKEN SALAD	\$7.95
Grapes, Almonds & Celery on Sourdough	
EGG SALAD	\$7.95
With Arugula & Fresh-Baked Focaccia with Tarragon & Sun-Dried Tomatoes	
WALDORF CHICKEN	\$9.75
Fig Chutney Spread over Baguette with Wedge of Brie, Apple Slices & Arugula	
PESTO CHICKEN WRAP	\$7.95
With Romaine & Feta	
MEDITERRANEAN VEGGIE PANINI WRAP	\$9.75
With Roasted Vegetables, Hummus & Feta Grilled in a Whole Wheat Tortilla	

SANDWICHES - continued

THE JENNIFER	\$7.50
Mixed Greens, Avocado, Cucumbers, Tomatoes, Red Onion, Lettuce & Dill Cream Cheese	
BACON, LETTUCE & TOMATO	\$6.75
ROAST BEEF *	\$6.75
BREAST OF TURKEY *	\$6.50
AVOCADO & CHEESE *	\$6.75
TUNA *	\$7.00
* LIGHT LUNCH OPTION	\$6.75
With Half-Sandwich & Soup	

\$.75 FOR CHEESE ON SANDWICHES ABOVE

DESSERTS

BRE'S DELIGHT	please ask server
CAFÉ SIZE COOKIE	\$2.25

BEVERAGES

Mineral Waters (<i>Plain or Lime</i>)	\$2.25
Soft Drinks:	\$2.25
<i>Coke, Diet Coke, 7-Up, Diet 7-Up, Pepsi, Diet Pepsi</i>	
Martinelli's Apple Juice (<i>Plain or Sparkle</i>)	\$2.75
Fresh Orange	\$3.00
Coffee	\$2.00
Hot Tea (<i>Assorted Flavors</i>)	\$2.00
Ghirardelli Hot Cocoa	\$3.00
Peet's Blend Specialty Coffees:	
<i>Cappuccino</i>	\$3.00
<i>Espresso</i>	\$2.50
<i>Latte or Mocha</i>	\$3.50
Apricot Iced Tea	\$2.25
Arnold Palmer	\$2.50
Lemonade	\$2.50