

QUADRUS EXPRESS

Q Soup	Cup \$4.00	Bowl \$5.95
VEGETABLE CHILI	Cup \$4.00	Bowl \$5.95
Q GREEN SALAD	Small \$6.00	Large \$8.50
Mixed Greens & Veggies		
TOSTADA SALAD	\$13.00	
Romaine, Grilled Chicken, Rice, Pinto Beans, Avocado, Black Olives, Tomato, Quesa Fresca & Flour Tortilla Strips with Spicy Ranch Dressing		
MANDARIN PRAWN SALAD	\$13.75	
Butterleaf, Edamame, Red Bell Peppers, Mandarin Oranges, Corn, Cashews, Green Onions, Cilantro & Rice Noodles		
CAFÉ CAESAR SALAD	\$9.50	
CHINESE CHICKEN SALAD	\$12.50	
With Carrots & Rice Noodles		
CHICKEN SALAD	\$12.50	
Field Greens, Crispy Pecans, Apples, Currants & Blue Cheese with Mustard Vinaigrette		
GREEK QUINOA SALAD	\$12.95	
With Romaine, Chickpeas, Tomatoes, Cucumbers, Red Bell Peppers, Artichoke Hearts & Feta in a Lemon-thyme Dressing		
SOUTHWESTERN CHICKEN SALAD	\$12.95	
Mixed Greens, Corn, Black Beans, Avocado, Quesa Fresca, Salsa, & Flour Tortilla Strips with Cilantro-Lime Vin.		
BROWN DERBY COBB SALAD	\$12.95	
Butterleaf, Avocado, Blue Cheese, Tomatoes, Bacon, Eggs & Turkey with Cobb Vinaigrette		
CHOPPED VEGGIE SALAD	\$11.75	
Baby Spinach, Asparagus, Carrots, Garbanzos, Broccoli, Tomatoes, Avocado & Edamame with Blue Cheese Dressing		

PASTAS & ENTREES

TURKEY MEATBALLS & BUCATINI	\$13.95
With Pesto & Tomatoes	
CHIPOTLE CHICKEN PENNE	\$13.75
With Prawns	
ANGEL HAIR	\$10.75
Tomatoes, Basil, Garlic & Virgin Olive Oil	
Add Italian Sausage Or Chicken	
CHICKEN STIR-FRY	\$12.25
With Carrots, Snow Peas, Onions & Peppers, served over Basmati Rice	
Substitute Prawns or Tofu	
ASIAN QUINOA STIR-FRY	\$12.25
Kale and Stir-Fried Veggies over Quinoa	
FLANK or CHICKEN CHIMICHURRI	\$13.75
Served over Rice with Tomatoes & Spinach	
FRESH FISH OF THE DAY	\$16.25
Salmon with Veggies & Rice (or Q Salad)	
Special Catch	
TEQUILA LIME PRAWNS	\$13.75
Served over Basmati Rice & Side Salad	
Substitute Chicken	
JOOJEH (Persian Chicken) KABOBS	\$15.75
With Grilled Vegetables, Side Salad & Hummus	
CHICKEN ENCHILADAS	\$13.75
Served with Rice & Refried Beans	
PRAWN SOFT TACOS	\$10.50
Served with a Napa Cabbage Salad	

ADD THE FOLLOWING (to salads or entrees):

Grilled Breast of Chicken	\$4.00
Seafood	\$5.00
Grilled Prawns	\$4.00
Tofu	\$4.00

ASK FOR THESE EASY SUBSTITUTIONS:

GLUTEN FREE NOODLES
BROWN RICE
QUINOA

QUADRUS EXPRESS

PIZZAS (ask for Gluten-Free)

JUAN'S	\$12.75
Avocados, Ham, Tomatoes, Jack Cheese, Hot Sauce, Pepperoni, Mushrooms/Onions	
MARGHERITA	\$12.00
Basil, Tomato & Mozzarella Cheese	
VEGGIE	\$12.50
Mushrooms, Caramelized Onions, Artichoke Hearts & Feta Cheese	

SANDWICHES

SIRLOIN BURGER ON CIABATTA *	\$10.75
Add Swiss, Pepper Jack, Cheddar	\$.75
Add Caramelized Onions	\$.50
Add Sauteed Mushrooms	\$1.00
VEGGIE BURGER WITH AVOCADO*	\$9.95
Add Swiss, Pepper Jack, Cheddar	\$.75
SPICY THAI SANDWICH *	\$10.50
Skirt Steak, Carrots, Mint, Basil & Jalapeno	
<i>*SUB SWEET POTATO FRIES (\$1.00)*</i>	
GRILLED CHICKEN	\$8.25
Add Melted Cheddar & Jalapenos	\$.75
CHICKEN SALAD	\$7.95
Grapes, Almonds & Celery on Sourdough	
EGG SALAD	\$7.95
With Arugula & Fresh-Baked Focaccia with Tarragon & Sun-Dried Tomatoes	
WALDORF CHICKEN	\$10.00
Fig Chutney Spread over Baguette with Wedge of Brie, Apple Slices & Arugula	
PESTO CHICKEN WRAP	\$8.50
With Romaine & Feta	
MEDITERRANEAN VEGGIE PANINI WRAP	\$10.25
CRISPY CHICKEN SANDWICH	\$8.25
With Spicy Slaw	

SANDWICHES - continued

THE JENNIFER	\$7.50
Mixed Greens, Avocado, Cucumbers, Tomatoes, Red Onion, Lettuce & Dill Cream Cheese	
BACON, LETTUCE & TOMATO	\$7.95
ROAST BEEF *	\$7.50
BREAST OF TURKEY *	\$7.50
AVOCADO & CHEESE *	\$7.50
TUNA *	\$7.50
* LIGHT LUNCH OPTION	\$7.75
With Half-Sandwich & Soup	

\$.75 FOR CHEESE ON SANDWICHES ABOVE

DESSERTS

BRE'S DELIGHT	please ask server
CAFÉ SIZE COOKIE	\$2.50

BEVERAGES

Mineral Waters (<i>Plain or Lime</i>)	\$2.25
Sparkling Pelligrino	\$2.75
Soft Drinks:	\$2.25
<i>Coke, Diet Coke, 7-Up, Diet 7-Up, Pepsi, Diet Pepsi</i>	
Fresh Orange	\$3.00
Coffee	\$2.00
Hot Tea (<i>Assorted Flavors</i>)	\$2.00
Ghirardelli Hot Cocoa	\$3.00
Peet's Blend Specialty Coffees:	
<i>Cappuccino</i>	\$3.00
<i>Espresso</i>	\$2.50
<i>Latte or Mocha</i>	\$3.50
Apricot Iced Tea	\$2.25
Arnold Palmer	\$2.50
Lemonade	\$2.50