

QUADRUS EXPRESS

Q Soup	\$5.95
VEGETABLE CHILI	\$6.50
Q GREEN SALAD	Small \$6.60
Mixed Greens & Veggies	Large \$8.75
TOSTADA SALAD	\$13.50
Romaine, Grilled Chicken, Rice, Pinto Beans, Avocado, Black Olives, Tomato, Queso Fresco & Flour Tortilla Strips with Spicy Ranch Dressing	
MANDARIN PRAWN SALAD	\$14.25
Butter leaf, Edamame, Red Bell Peppers, Mandarin Oranges, Corn, Cashews, Green Onions, Cilantro & Rice Noodles	
CAFÉ CAESAR SALAD	\$10.00
CHINESE CHICKEN SALAD	\$13.00
With Carrots & Rice Noodles	
CHICKEN SALAD	\$13.00
Field Greens, Crispy Pecans, Apples, Currants & Blue Cheese with Mustard Vinaigrette	
GREEK QUINOA SALAD	\$13.45
Spinach, Romaine, Chickpeas, Tomatoes, Cucumbers, Red Bell Peppers, Artichoke Hearts & Feta in a Lemon-Thyme Vin.	
SOUTHWESTERN CHICKEN SALAD	\$13.45
Mixed Greens, Corn, Black Beans, Avocado, Queso Fresco, Salsa, & Flour Tortilla Strips with Cilantro-Lime Vin.	
BROWN DERBY COBB SALAD	\$13.45
Butter leaf, Avocado, Blue Cheese, Tomatoes, Bacon, Eggs & Turkey with Cobb Vinaigrette	
CHOPPED VEGGIE SALAD	\$12.25
Baby Spinach, Asparagus, Carrots, Garbanzos, Broccoli, Tomatoes, Avocado & Edamame with Blue Cheese Dressing	

ADD THE FOLLOWING (to salads or entrees):

Grilled Breast of Chicken	\$4.50
Seafood	\$6.00
Grilled Prawns	\$4.50
Tofu	\$5.50

PASTAS & ENTREES

TURKEY MEATBALLS & BUCATINI	\$14.95
With Pesto & Tomatoes	
CHIPOTLE CHICKEN PENNE	\$14.75
With Prawns \$15.75	
ANGEL HAIR	\$11.75
Tomatoes, Basil, Garlic & Virgin Olive Oil	
Add Italian Sausage Or Chicken \$14.75	
CHICKEN STIR-FRY	\$13.25
With Carrots, Snow Peas, Onions & Peppers, served over Basmati Rice	
Substitute Prawns or Tofu \$14.75	
ASIAN QUINOA STIR-FRY	\$13.25
Kale and Stir-Fried Veggies over Quinoa	
FLANK or CHICKEN CHIMICHURRI	\$14.75
Served over Rice with Tomatoes & Spinach	
FRESH FISH OF THE DAY	\$17.50
Salmon with Veggies & Rice (or Q Salad)	
Special Catch \$18.50	
TEQUILA LIME PRAWNS	\$14.75
Served over Basmati Rice & Side Salad	
Substitute Chicken \$13.50	
JOOJEH (Persian Chicken) KABOBS	\$16.75
With Grilled Vegetables, Side Salad & Hummus	
CHICKEN ENCHILADAS	\$14.75
Served with Rice & Refried Beans	
PRAWN SOFT TACOS	\$11.50
Served with a Napa Cabbage Salad	

ASK FOR THESE EASY SUBSTITUTIONS:

GLUTEN FREE NOODLES
BROWN RICE
QUINOA

QUADRUS EXPRESS

PIZZAS (ask for Gluten-Free)

JUAN'S	\$13.50
Avocados, Ham, Tomatoes, Jack Cheese, Hot Sauce, Pepperoni, Mushrooms/Onions	
MARGHERITA	\$12.75
Basil, Tomato & Mozzarella Cheese	
VEGGIE	\$13.25
Mushrooms, Caramelized Onions, Artichoke Hearts & Feta Cheese	

SANDWICHES

SIRLOIN BURGER ON CIABATTA *	\$11.25
Add Swiss, Pepper Jack, Cheddar	\$.75
Add Caramelized Onions	\$.50
Add Sauteed Mushrooms	\$1.00

VEGGIE BURGER WITH AVOCADO*	\$10.45
Add Swiss, Pepper Jack, Cheddar	\$.75

SPICY THAI SANDWICH *	\$11.00
Skirt Steak, Carrots, Mint, Basil & Jalapeno	

SUB SWEET POTATO FRIES (\$1.00)

GRILLED CHICKEN	\$8.75
Add Melted Cheddar & Jalapenos	\$.75

CHICKEN SALAD	\$8.45
Grapes, Almonds & Celery on Sourdough	

EGG SALAD	\$8.45
With Arugula & Fresh-Baked Focaccia with Tarragon & Sun-Dried Tomatoes	

WALDORF CHICKEN	\$10.50
Fig Chutney Spread over Baguette with Wedge of Brie, Apple Slices & Arugula	

PESTO CHICKEN WRAP	\$9.00
With Romaine & Feta	

MEDITERRANEAN VEGGIE PANINI WRAP	\$10.75
---	---------

CRISPY CHICKEN SANDWICH	\$8.75
With Spicy Slaw	

SANDWICHES - continued

THE JENNIFER	\$7.50
Mixed Greens, Avocado, Cucumbers, Tomatoes, Red Onion, Lettuce & Dill Cream Cheese	

BACON, LETTUCE & TOMATO	\$7.95
ROAST BEEF *	\$7.50
BREAST OF TURKEY *	\$7.50
AVOCADO & CHEESE *	\$7.50
TUNA *	\$7.50

* LIGHT LUNCH OPTION	\$7.75
With Half-Sandwich & Soup	

\$.75 FOR CHEESE ON SANDWICHES ABOVE

DESSERTS

BRE'S DELIGHT	please ask server
CAFÉ SIZE COOKIE	\$2.75

BEVERAGES

Mineral Waters (<i>Plain or Lime</i>)	\$2.50
Sparkling Pelligrino	\$2.95
Soft Drinks:	\$2.50
<i>Coke, Diet Coke, 7-Up, Diet 7-Up, Pepsi, Diet Pepsi</i>	
Fresh Orange	\$3.50
EQUATOR Specialty Coffee	\$2.50
Hot Tea (<i>Assorted Flavors</i>)	\$2.50
Ghirardelli Hot Cocoa	\$3.75
EQUATOR Specialty Espressos:	
<i>Cappuccino</i>	\$3.50
<i>Espresso</i>	\$2.75
<i>Latte</i>	\$3.50
<i>Mocha</i>	\$4.25
Apricot Iced Tea	\$2.75
Arnold Palmer	\$2.75
Lemonade	\$2.75